

Child Intake

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M / F

Who is filling out this form? Name: \_\_\_\_\_ Relationship to child: \_\_\_\_\_

Contacts (in order of preference)

1. Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Email: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_

2. Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_

Address (if different than above): \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Relationship to Child: \_\_\_\_\_

Whom does the child live with? \_\_\_\_\_

Other health care providers:

Name: \_\_\_\_\_ Designation: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Designation: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Designation: \_\_\_\_\_ Phone: \_\_\_\_\_

How did you hear about Haessler Naturopathic?: \_\_\_\_\_

**THIS IS A CONFIDENTIAL MEDICAL RECORD AND WILL BE KEPT IN THIS OFFICE. INFORMATION CONTAINED HERE WILL NOT BE RELEASED TO ANY PERSON EXCEPT FOLLOWING APPROPRIATE WRITTEN AUTHORIZATION. PLEASE COMPLETE THIS QUESTIONNAIRE AS THOROUGHLY AS POSSIBLE.**

What are your child's health concerns, in order of importance?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

Has your child seen any specialists? Yes No If yes, please indicate name of doctor and year of visit.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**MEDICAL HISTORY:**

Please list all **current prescription and non-prescription** (vitamins, herbs, homeopathics) medications your child is taking. Please indicate the name, dosage, duration of use, and reason for taking:

---

---

---

---

Has your child ever had an adverse reaction to a medication? Indicate the drug and the reaction experienced:

---

How many times has your child been treated with antibiotics? \_\_\_\_\_

Immunizations (please check):

- |                       |                              |                       |
|-----------------------|------------------------------|-----------------------|
| Flu Shot              | Diphtheria/Pertussis/Tetanus | Measles/Mumps/Rubella |
| Haemophilus Influenza | Chicken Pox                  | Polio                 |
| Hepatitis A           | Hepatitis B                  |                       |

Describe any adverse reactions: \_\_\_\_\_

List all known allergies (food, medicines, environmental, etc.): \_\_\_\_\_

---

Which of the following diseases has your child had?

- |             |                |                |
|-------------|----------------|----------------|
| Measles     | Roseola        | Impetigo       |
| Mumps       | Scarlet Fever  | Mononucleosis  |
| Rubella     | Whooping Cough | Ear Infections |
| Chicken Pox | Strep throat   |                |

Please indicate any serious conditions, illnesses, injuries, and/or any hospitalizations you child has experienced, along with approximate dates: \_\_\_\_\_

---

---

**FAMILY MEDICAL HISTORY:**

Relation	Current Age	Health problems	Cause, if deceased
Father			
Mother			
Grandparents			
Siblings			

**PRENATAL HEALTH:**

What was the health of the parents at conception (please circle)?

Mother      Poor   Fair   Good   Excellent   Unknown  
Father      Poor   Fair   Good   Excellent   Unknown

What was the mother's age at the child's birth? \_\_\_\_\_

How was the mother's diet during pregnancy?   Poor      Fair      Good      Excellent      Unknown

Did the mother receive prenatal medical care?   Yes      No      Unknown

Did the mother experience any of the following during pregnancy?

Bleeding                      Diabetes                      High Blood Pressure                      Nausea  
Vomiting                      Thyroid Problems                      Physical/ emotional trauma

Other: \_\_\_\_\_

Did the mother use any of the following during pregnancy?

Tobacco                      Alcohol                      Recreational Drugs: \_\_\_\_\_

Prescription medications: \_\_\_\_\_

Over-the-counter medications: \_\_\_\_\_

Supplements: \_\_\_\_\_

**BIRTH HISTORY:**

Pregnancy Length:                      Full                      Premature: \_\_\_\_\_ wks                      Late: \_\_\_\_\_ wks

Location of birth:    Hospital    Home    Birthing Center    Other: \_\_\_\_\_

Type of birth:    Vaginal    C-section

Types of Intervention:    Induced labour    Use of forceps    Epidural/anesthesia

Other: \_\_\_\_\_

Length of Labour: \_\_\_\_\_    Birth Weight: \_\_\_\_\_

Did the child experience any of the following at, or shortly after, birth?

Jaundice    Seizures    Colic                      Respiratory Difficulties: \_\_\_\_\_

Birth injuries: \_\_\_\_\_    Birth defects: \_\_\_\_\_

Skin Disorders: \_\_\_\_\_    Other: \_\_\_\_\_

**FEEDING HISTORY:**

How was your child fed as an infant?

Breast fed: How long? \_\_\_\_\_    Formula: Milk / Soy / Other: \_\_\_\_\_

Please describe any reactions you observed: \_\_\_\_\_

When was your child first introduced to solid foods, and in what order? \_\_\_\_\_

If any adverse reactions were noticed, what were they? \_\_\_\_\_

Please describe a typical day's diet:

Breakfast: \_\_\_\_\_

Lunch: \_\_\_\_\_

Dinner: \_\_\_\_\_

Snacks: \_\_\_\_\_

Beverages (and total quantity): \_\_\_\_\_

What are your child's favourite foods? \_\_\_\_\_

Does your child drink caffeine (i.e. pop, tea)? YES NO Type: \_\_\_\_\_ Frequency: \_\_\_\_\_

**HEALTH AND DEVELOPMENT:**

How was your child's health in the first year? Poor Fair Good Excellent

At what age did your child first:

Sit up: \_\_\_\_\_ Crawl: \_\_\_\_\_ Walk: \_\_\_\_\_ Talk: \_\_\_\_\_

Is your child in: school daycare homecare other: \_\_\_\_\_

What are your child's favourite activities? \_\_\_\_\_

How many hours of sleep does your child get per night? \_\_\_\_\_

Does your child have any problems associated with sleeping (e.g., trouble falling asleep, waking up, etc.)? \_\_\_\_\_

Does your child exercise regularly? Yes No How much and how often? \_\_\_\_\_

How much television does your child watch? \_\_\_\_\_ hrs per day

Is your child exposed to second hand smoke? YES NO Where? \_\_\_\_\_

Is your child frequently exposed to animals? YES NO What type? \_\_\_\_\_

Do you know of any toxins or other hazards that your child is regularly exposed to (home renovations, hobbies, older home/ school) renovations? \_\_\_\_\_

Please list any other relevant health/ personal information that you feel is missing: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**INFORMED CONSENT TO TREATMENT OF A MINOR**

This is to acknowledge that I, \_\_\_\_\_, parent/ legal guardian of \_\_\_\_\_, whose relationship to me is as a \_\_\_\_\_, have been informed and understand that:

Naturopathic medicine is the treatment and prevention of diseases by natural means. Naturopathic doctors assess the whole person, taking into consideration the physical, mental, and emotional aspects of an individual. A number of different approaches are used: diet and nutritional supplements, botanical medicine, homeopathy, traditional Chinese medicine and acupuncture, physical medicine (Bowen therapy and Suikodo) and lifestyle counselling.

Jennifer Haessler, BScH, ND, will take a thorough case history, and perform a screening physical exam before developing an individualized treatment plan. Certain laboratory assessments may also be required on a case specific basis.

Even the gentlest therapies can sometimes cause complications. Some therapies must be used with caution in conditions such as diabetes, heart, liver or kidney disease, during pregnancy and lactation, in children, and while taking other medications.

There are some slight health risks to naturopathic medicine. These include, but are not limited to:

- Aggravation of pre-existing symptoms
- Allergic reactions to supplements or herbs
- Pain, bruising or injury from venipuncture or acupuncture
- Fainting or puncturing of an organ with acupuncture needle

I, as parent/ legal guardian, authorize Jennifer Haessler, BScH, ND to take whatever measures she considers necessary or desirable in connection with naturopathic care and treatment. I understand that results are not guaranteed. I understand that treatment advice will not be given over the phone unless directly relating to specifics discussed during a clinic visit.

This consent form is intended to cover the entire course of treatment for the present condition. I understand that I am free to withdraw my consent and to discontinue participation in these procedures at any time.

With this knowledge, as parent/ legal guardian, I voluntarily consent to the examination and administration of naturopathic medical care and treatment mentioned above, except for:

\_\_\_\_\_  
\_\_\_\_\_

Dated in Port Elgin, ON this \_\_\_\_\_ day of \_\_\_\_\_, \_\_\_\_\_

Guardian's Name: \_\_\_\_\_

Signature of Guardian: \_\_\_\_\_

Signature of Naturopathic Doctor: \_\_\_\_\_